

Housemade soup of the Day \$2.95

Sandwiches \$7.95

served on herb grilled bread with chips

Grilled chicken, tomato and Jack cheese with roasted garlic aioli and spicy pepper spread

Roast turkey breast with red onion, bacon, Swiss and raspberry relish

Ultimate “grilled cheese” - American, Swiss, Jack and tomato

Open face portobella with sauteed spinach, roasted peppers and herbed goat cheese

8oz fresh burger on a hard roll with cheese and oven roasted potatoes

Wraps \$7.95

served with chips

Panko crusted Tilapia, lemon caper aioli and carrot cucumber slaw

Grilled chicken, chipolte aioli, lettuce, tomato and Cheddar

Housemade humus with grilled asparagus, spinach and roasted peppers

Roasted turkey, avocado, tomato, bacon and roasted garlic aioli

Salads

Mixed spring greens tossed in balsamic vinaigrette with tomatoes, croutons and red onion \$7.95

Asian shrimp salad over greens with mandarin oranges and avocado \$9.95

Grilled chicken in peanut sauce over greens with sweet peppers and pineapple \$7.95

Spicy chicken salad over greens with bleu cheese, celery and tomato \$7.95

Grilled asparagus, portobellas, tomato and goat cheese croutons
\$7.95

Housemade Caesar with strawberries, spiced almonds and herbed croutons \$7.95
add chicken \$2.00
add shrimp \$4.00

Entrees

Quiche of the day with greens and roasted pepper drizzle \$8.95

Baked sweet potato stuffed with black bean chili and topped with cheddar and fresh tomato salsa \$9.95

Panko crusted Tilapia over greens with pineapple salsa \$9.95

Chicken quesadilla with fresh tomato salsa \$8.95